

Orlando, a CKA graduate and volunteer, serves lunch on the Good Food Truck.

FULL PLATES *Summer 2025*

Help is Here, Wherever You Are

Feeding Champlain Valley is on the way

We are working hard to get well-balanced meals and groceries directly into the hands of people who need them. Whether through food shelves, meal programs, or community partnerships, we are making sure everyone in the Champlain Valley has access to nutritious food.

Read on to hear about how our Good Food Truck is back on the road, how new food lockers in Bristol are supporting busy families, and get updates from our food shelves across the Champlain Valley!

With gratitude,

Rob Meehan, Director of Feeding Champlain Valley



Your support makes a real difference in people's lives. Together, we are building a stronger, healthier community.

Curbside Kindness

How our Culinary Team is feeding the Champlain Valley



Rolling Out Hope

Meet our culinary team, passionately dedicated to fighting hunger throughout the Champlain Valley. From our Burlington kitchen at 228 North Winooski Ave, this culinary team crafts thousands of meals each month.

The food they make travels far and wide, reaching our food shelves, food hubs, online orders, home deliveries, and emergency food distributions.



Partnerships with other CVOEO programs like Head Start, Champlain Place, and Community Action ensure these meals get to every corner of the community. Over the last six months, meal production has grown dramatically—and Culinary Manager, Justin and his team are just getting started!



A WELL-BALANCED LUNCH FROM THE GOOD FOOD TRUCK.

Our building renovation in Burlington has temporarily relocated the food shelf, dining room, and Community Resource Center, and limited the culinary team's kitchen space. In response, the team focuses on producing bagged lunches four days a week and serving a hot meal once a week from the Good Food Truck. **The truck's hot lunch has quickly become a community favorite, growing from 65 to over 100 meals served every Wednesday! As schools are letting out for summer break, these meals become even more popular.**

The team is as committed to sustainability as they are to good food! Many ingredients come from rescued food that would otherwise be wasted. Justin and his team transform these odds and ends into well-balanced, delicious meals that both nourish people and reduce landfill waste—a win-win for the community and the planet.

“I'm excited about all the incredible local produce from the Intervale, Healthy Roots Collaborative, and other garden and gleaning groups this summer! Serving and promoting local food is a big part of our mission.” — Justin Pflanze, Culinary Manager

The team's dedication to quality doesn't go unnoticed. Community members, visitors, and staff alike rave about their creations. **In just twelve weeks, this small but mighty culinary team has produced and distributed over 7,000 meals—bagged lunches, premade meals, and hot dishes served seven days a week.**

Though the truck currently serves only Chittenden County, plans are underway to bring the Good Food Truck to serve hot meals throughout the Champlain Valley!

THE GOOD FOOD TRUCK LUNCH MENU.

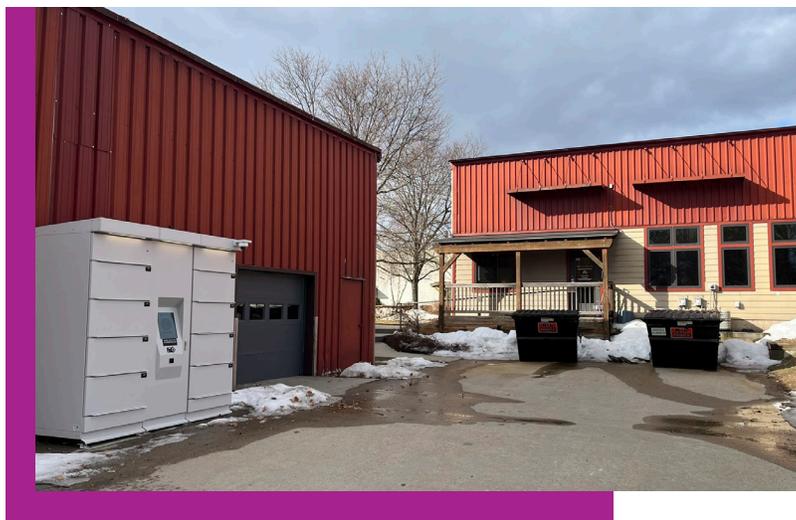


Want to help?
Donations of pantry staples and flavor boosters like spices, herbs, kosher salt, onions, and garlic help keep meals plentiful and flavorful!

Connecting with Healthcare Partners

Explore our new food lockers in Bristol and CSAs in Franklin County

Food is medicine, which is why we continue to deepen our partnerships with local healthcare providers. We purchase food and glean produce from local farms to get fresh, nutritious food into our food shelves and food hubs.



Bristol Food Lockers

← In January 2025, we introduced food lockers at the Bristol Works Complex. These lockers provide flexible pickup options for those in the five towns around Bristol who cannot access services during regular hours due to transportation, health, or scheduling issues.

Clients can place orders twice a month through our Online Market. Each order is placed in a refrigerated or frozen locker bay to ensure food stays fresh. Once their order is ready, typically within 48 hours, participants receive an email with a unique code that allows them to access the lockers at their convenience, day or night. Thank you to Kevin Hanson, owner of the Bristol Works Complex, for his support of the lockers.

We're partnering with Mountain Community Health Center, a Federally Qualified Health Center (FQHC), that screens patients for food insecurity. Their on-staff Registered Dietitian will enroll clients directly to ensure they get the food they need.

We will be able to serve 15-20 individuals each week through this convenient and accessible model.



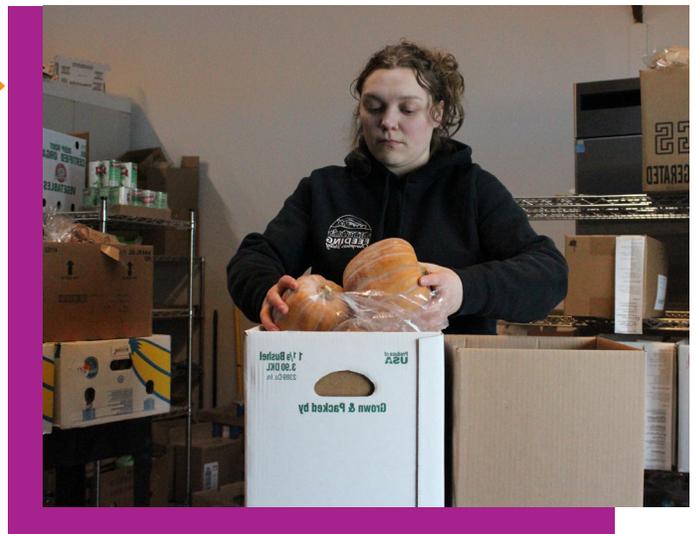
“Latino farmworkers and their family members frequently confront issues of availability and access to fresh, nutritious food. A lack of transportation, long work hours of 72+ hours a week, cost, and availability of produce that is culturally familiar and desired impacts the variety, quality, quantity, and nutritive value of the food they eat. **This program addresses these issues head-on through the regular home delivery of food boxes with local fresh vegetables and herbs that are tailored to meet the food preferences of migrant worker households.**”

— Naomi Wolcott-MacCausland,
Migrant Health Coordinator at Bridges to Health/Puentes a la Salud

Sheldon Food Hub

In October of 2023, the Sheldon Food Hub opened in partnership with Healthy Roots Collaborative, the Abbey Group, and NorthWest Family Foods. 

This warehouse and fulfillment center allows staff to prepare online orders from healthcare providers, Head Start families, migrant farm workers, and people in temporary housing across Franklin County.



“The Northwest Farmacy CSA program and Migrant Household Food Boxes complement our production system by way of the crops we are growing, and the program also aligns with our mission that fresh and nutritious food is available to those who need it in our direct community.” — Holly Baldwin, West Farm

Shelving Hunger

Updates from our food shelves across the Champlain Valley



News from NorthWest Family Foods



DELICIOUS CANTELOUPE MELON
PREPPED FOR DISTRIBUTION.

Summer means lots of fresh fruit and vegetables for our food shelves. NorthWest Family Foods' Food Shelf Supervisor, Danielle, has been peeling, chopping, and packaging big pieces of fruits and vegetables to make them easier for individuals and families to enjoy!

Join our Meal Train—NorthWest Family Foods has a new way to get involved!

We welcome volunteers, businesses, and community groups to prepare or purchase lunches for people who visit our food shelf. Sharing a meal isn't just about food—it's about kindness, connection, and making someone's day a little brighter. For more info and to sign up for our Meal Train, scan the QR code!



Comfort, Community, and Fresh Choices

At the O'Brien Center in Winooski, the temporary home of the food shelf during the renovations at the Burlington site, Edi and the staff are thriving in their new space. This bright and welcoming environment has made shopping easy for everyone who visits. A comfortable waiting area and ample parking provide added convenience for families and individuals alike.

Shoppers are always delighted to find fresh fruit and vegetables and usually leave with everything they need. Our volunteers have stayed committed during the temporary move, helping to stock shelves, greet visitors, and keep things running smoothly.



Edi, our Food Shelf Supervisor, just celebrated nineteen years on the job. Thank you for all you do, Edi! →

On a recent calm and quiet afternoon, a mother and daughter were shopping. **“I am so excited to find avocado and mango today,”** the daughter shared, expressing heartfelt gratitude for the support they’ve received. It’s moments like these that remind Edi and the team why their work matters—providing not just food, but dignity, comfort, and hope to our community.

If you or someone you know needs assistance, please don’t hesitate to stop by—we’re here for you. Along with pantry staples like flour, pasta, and canned goods, see the types of food we stock each day:



→ **For updated hours follow us on Facebook or Instagram or at feedingchamplainvalley.org.**



FIGHT HUNGER

your way

many ways to make an impact

Volunteer

We couldn't do this work without volunteers! To help pack boxes of food, deliver groceries, stock shelves, and much more, submit an application on our website.

Start a Fundraiser or Virtual Food Drive

Get creative—celebrate a birthday or wedding, honor a loved one, and more. It only takes a minute to set up a fundraiser as an individual, business, or team.

Make a Gift

Visit our website to make a secure donation or send a check or cash to Feeding Champlain Valley, Attn: Philanthropy, PO Box 1265, Burlington, VT 05402.



Become a Monthly Donor

You can join the Full Plate Club, a group of dedicated donors who provide food and support all year long with a recurring gift. These gifts are a budget-friendly, automatic gift on a credit card or through bank transfer.

Give Food

Donated food helps us stock the shelves with a variety of in-demand items. Visit our website for a list of current needs and donation hours.

Remember Feeding Champlain Valley in your Will or Trust

You can make an impact for years to come by including Feeding Champlain Valley in your estate planning or as a beneficiary of your retirement account, life insurance, donor-advised fund (DAF), and other assets.

Questions? Contact us at philanthropy@cvoeo.org.

Feeding Champlain Valley is a program of CVOEO, EIN #03-0216837.



Learn more at

feedingchamplainvalley.org