

A delicious meal at
the Harvest Dinner
in December at
Grand Isle school.

FULL PLATES *Winter 2026*

Serving up community

It has been a cold winter here in Vermont, and support from our community is helping us be flexible in order to meet the current need. We've been stocking our food shelves, delivering groceries, cooking hot meals, and providing food to emergency cold weather shelters to keep our unhoused neighbors nourished.

Read through this edition of the Full Plates Report to meet our new Volunteer Coordinator, learn how our Healthy Roots Collaborative is sharing the abundance and beauty of farms with children in Grand Isle County, and see how we are providing food that fills stomachs and hearts.

With gratitude,

Rob Meehan, Director of Feeding Champlain Valley



Feeding Champlain Valley addresses hunger by providing inclusive access to nourishing, culturally relevant groceries and meals through food shelves, home deliveries, and more, while cultivating community partnerships that foster innovation, improve health, and maintain dignity.



Sharing food, art, and community in Grand Isle

On December 18th, Healthy Roots Collaborative's Farm to School partnership in Grand Isle County helped coordinate a community Harvest Dinner at the Grand Isle School. There were over 175 attendees including, students, siblings, parents, and grandparents! The thoughtfully prepared meal featured a pumpkin stew, roasted sweet potatoes and beets, apple crisps, and a cabbage slaw.

Peter Jenkins, our Community Development and Farm to School Specialist, sourced the produce for the meal from farms in Grand Isle County, and we were fortunate to have the full support of the principal and her chef-husband. The students from Kindergarten to 6th grade helped prepare for the celebration by making the above artwork or helping to chop the vegetables and mix ingredients.

Meet Samantha Green

We're excited to welcome Samantha, our new Volunteer Coordinator! Samantha first moved to Vermont when she was 14 years old. She is passionate about yoga, gardening, and cooking. She graduated from UVM and assisted with volunteer coordination at a nonprofit in Northern California before making her way back to Vermont.

Samantha will organize volunteer recruitment and scheduling across the Champlain Valley, helping connect our community with meaningful ways to give back.



FY2025 Volunteer Impact:
327 volunteers donated 4,309 hours of time.

Our recent impact in the Champlain Valley

→ *Your generosity makes this impact possible*



← In 2025, the culinary team provided **over 77,000 meals** combined, including over 35,000 meals via meal service at our Burlington Food Shelf to guests of the Community Resource Center, as well as 42,000+ to other CVOEO programs like Champlain Place Emergency Shelter, Emergency Cold Weather Shelter, and deliveries throughout Addison, Chittenden, Franklin, and Grand Isle Counties.

2,500 diapers and 35 packages of wipes were donated in December to the Addison Food Hub by Saint Stephen's Episcopal Church in Middlebury! The church also donates non-perishable food all year round.



← The Intervale Food Hub will be hosting a monthly pop-up food-shelf at the O'Brien Community Center in Winooski. They are expecting 100+ shoppers each month, and to assist with this, we are supplying the Intervale Food Hub with culturally relevant foods. **In January we shared 500 lbs. of dried beans, lentils, and basmati rice.**

600 lbs of food and \$3,800 were collected by **Livingston Farm** in Bristol from the proceeds of their raffle of a Gazebo to support the Addison Food Hub.



Thank you!

FIGHT HUNGER *your way.*

**You can make an
impact in our community.**



Volunteer

We couldn't do this work without volunteers! To help pack boxes of food, deliver groceries, stock shelves, and much more, submit an application on our website. Current volunteer needs:

Addison Food Hub: Client intake or delivering orders

Burlington Food Shelf: Kitchen prep and serving meals

Sheldon Food Hub: Packing or delivering orders

Learn more about volunteer opportunities online or email Samantha at sgreen@cvoeo.org.

Give Food

Donated food helps us stock the shelves with a variety of in-demand items. Visit our website for a list of current needs, donation hours, and a food drive toolkit.

Make a Gift

Visit our website to make a secure donation. Send a check, cash, or donor-advised fund (DAF) contribution to Feeding Champlain Valley, Attn: Philanthropy, PO Box 1265, Burlington, VT 05402. Stock donations and qualified charitable distributions (QCDs) are also gratefully accepted.



You Can Fill Plates Every Month

When you join the Full Plate Club, you join a group of 200+ dedicated donors who provide food and support every month with a recurring gift. These gifts are a budget-friendly and convenient option, available through credit card, PayPal, Google Pay, Apple Pay, or bank transfer.

Remember Feeding Champlain Valley in your Will or Trust

You can make an impact for years to come by including Feeding Champlain Valley in your estate planning or as a beneficiary of your retirement account, life insurance, donor-advised fund (DAF), and other assets.

Questions? Contact us at philanthropy@cvoeo.org.

Feeding Champlain Valley is a program of CVOEO, EIN #03-0216837.



FEEDING
Champlain Valley



Learn more at
feedingchamplainvalley.org