

Attendees mingling at Full Plates, Full Hearts.

FULL PLATES *Summer 2026*

Our hearts are so full

Tis the season...for gleaning! Gleaning creates a meaningful connection between farms and communities. We are honored to continue the work that the Vermont Foodbank and the Intervale Center started and grow this important work in partnership with local farms, volunteers, and community organizations throughout the Champlain Valley.

While Burlington is the administrative headquarters for both Feeding Champlain Valley and CVOEO, our work extends deep into every pocket of the Champlain Valley. Keep reading to learn more about our work in Vermont.

With gratitude,

Rob Meehan, Director of Feeding Champlain Valley

FEEDING Champlain Valley

Feeding Champlain Valley snapshot

12,336 individuals served every year.
40% of our food has been donated or rescued.

Leaning on Gleaning this Summer

Partnering for fresh food in the Intervale

Beginning this growing season, Feeding Champlain Valley will coordinate gleaning operations at approximately 13 local farms from April through November. Through this initiative, surplus farm produce that might otherwise go unused will be harvested and distributed to an estimated 8 to 11 community partner organizations serving individuals and families experiencing food insecurity.

"The Intervale Center has been partnering with local farms to glean surplus produce for over a decade," said Gabby Boyson, Food Access Manager for the Intervale Center. "The produce we harvest goes out to our community, for free, at the Fair Share CSA program every week during the growing season. We are thrilled to be gleaning alongside Feeding Champlain Valley to increase the community's access to fresh, locally grown produce."



Gleaning helps address two critical challenges simultaneously:

1) Reducing food loss on farms and increasing equitable access to healthy food!

2) Freshly harvested produce collected through the program will support food shelves, meal programs, and other community organizations throughout the region.

UVM Health staff volunteered in June to glean at Shelburne Farms. Together we harvested: 19 lbs of Swiss chard, 103 lbs of lettuce, 10 lbs of oregano, and 4 lbs of chives for a total of 136 lbs of fresh produce headed to feed our community!

Join us! We are seeking volunteers to join us for gleaning in Burlington. Email Samantha Green at sgreen@cvoeo.org to learn more.

OUR HEARTS ARE FULL



Our Culinary staff and volunteers helped prepare lite bites for attendees — all made with ingredients available at our food shelves!

Thank you to the 120+ community members, donors, volunteers, and staff who came to our Full Plates, Full Hearts event on June 4th in Burlington's Old North End.

Volunteers and staff provided in-depth tours of the food shelf while answering thoughtful questions from attendees. Our Culinary Team knocked it out of the park (just like they do 5 days a week!). Thank you for the wonderful conversations, questions, and support for our mission.

We are very grateful to be here in Vermont, feeding the community.

PARTNERING IN THE ISLANDS

The Champlain Islands Food Shelf (CIFS) is now a community partner of Feeding Champlain Valley! This partnership between our nonprofits will support food access, equipment and infrastructure improvements, transportation and distribution support, and more!

We are thrilled to deepen our work with CIFS to feed the Champlain Islands community.





Share your Summer recipes

We want to hear from you! Please send in your favorite summer recipes.

We will share recipes we receive on our website and with guests at our food shelves.

→ Please email your recipe with full ingredient and instructions to philanthropy@cvoeo.org.



Join the Full Plates Club and give our community food and comfort every month!

When you join the Full Plates Club, you join a group of 190+ dedicated donors who provide food and support every month with their recurring gift.

Learn more:
feedingchamplainvalley.org/give-monthly

Hunger can happen to anyone.

You can help feed your neighbors!

Give Food

Your donated food helps us stock the shelves with a variety of in-demand items! Please visit our website for a list of current needs, donation hours, and a food drive toolkit.

Make a Gift

Visit our website to make a secure donation. You can send a check or donor-advised fund (DAF) contribution to Feeding Champlain Valley, Attn: Philanthropy, PO Box 1265, Burlington, VT 05402.

Questions? Email philanthropy@cvoeo.org.

Feeding Champlain Valley is a program of CVOEO.
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Learn more at
feedingchamplainvalley.org